



INDIAN COLLEGE OF CRITICAL CARE MEDICINE

Indian Society of Critical Care Medicine
Indian Society of Parenteral and Enteral Nutrition

Fellowship in Critical Care Nutrition (FCCN)

Training and Assessment Record



PERSONAL PROFILE

Full Name.....

Contact Address.....

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Telephone.....

Mobile.....

Email.....

Nationality.....

ACADEMIC & PROFESSIONAL QUALIFICATIONS

BACHELOR'S DEGREE: (B.Sc.)

Name of Course	Name of University /College	Date of Passing	Percentage/ GPA

POSTGRADUATE QUALIFICATION:

Name of Course	Name of University /College	Date of Passing	Percentage/ GPA

RD INTERNSHIP DETAILS:

Name of Hospital	Name of Supervisor	Year & Duration of Internship

ADDITIONAL PROFESSIONAL DEGREES / DIPLOMAS: (Certification/ Diploma courses if any)

Qualification	Awarding Body	Date of Passing



RESEARCH PUBLICATIONS AND PAPER PRESENTATIONS (National/ International)

S.No.	Topic of Paper	Presented at / Published in	Year	National / International

FCCN TRAINING RECORD:

ICU Type	Educational supervisor details	Start date	End date

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PART III

CONFERENCES ATTENDED (REGIONAL / NATIONAL / INTERNATIONAL):

* May add more pages if needed

Conference Name	Date & Venue	Poster / Paper/ Lecture presented (If yes, please provide details)

PART IV

COURSES **EXPECTED** TO BE ATTENDED DURING THE TRAINING PERIOD OR
WITHIN LAST 1 YEAR:

Description	Conducted By	Date	Venue
1. Importance of Critical Care Nutrition Support			
2. Nutrition Screening and Assessment in ICU			
3. Nutrition Prescription			
4. Enteral Nutrition (EN) and Parenteral Nutrition (PN)			
5. Perioperative Nutrition			
6. Nutritional Support in Burns & Trauma			
7. Nutritional Support in Sepsis			
8. Nutritional Support in Neurological Conditions			
9. Nutritional Support in Special Conditions			
10. Nutritional Intervention in Obese Patients			

Part V

AUDIT

Mention the title and a brief description of the audit conducted by the candidate during the course period. Also mention the interpretation of the audit on your clinical practice.

(Eg: Nutritional adequacy, Nutritional Compliance, Types of Feeding)

Date	Description



Part VI

RESEARCH

List the title and provide a brief description of the research carried out over the course period.

RESEARCH ABSTRACT:

Title:

Abstract:



PUBLICATIONS

List any journal and book publications below.

PUBLICATIONS:

Sl. No	Authors, Title and Publication Details

CRITICAL CARE COMPETENCIES

The purpose of this section is to assess the candidate for the critical care competencies in a time structured curriculum.

The trainer will be judging the trainee in **THREE-time** frames:

First 3 months of joining the course – Basic competencies.

3 months to 9 months of training - Advanced competencies (under supervision)

9 months to 12 months of training – Competencies where the candidate performs independently.

Each competency must be graded in an objective manner with the below mentioned grades.

- 1 - Non competent, to be reviewed in 3 months
- 2 - Meets some requirement but to be reviewed in 4 weeks
- 3 - Meets requirement
- 4 - Meets more than requirement
- 5 - Excellent

BASIC COMPETENCIES (Within first 3 months of training period)

Competency	Grades	Review Grade	Date
Can obtain relevant clinical history of the patient and perform structured clinical examination			
Can order relevant investigations in a timely manner			
Understands the indication of performing nutritional assessment			
Knows the technique of performing NFPE			
Interprets available biochemical parameters			
Identifies patients at risk for malnutrition			
Identifies patients with malnutrition			
Nutrition assessment and judgement of medical nutrition therapy implementation.			
Judiciously collects dietary recall			
Adept at establishing PES statements			
Monitor interruptions in nutritional interventions and record the same			

ADVANCED COMPETENCIES (Within 3 to 9 months of training period)

Competency	Grades	Review Grade	Date
Can interpret the relationship of various investigations in relevance to the clinical condition of the patient			
Can perform BCA using BIA			
Can identify the degree of edema or ascites			
Understands the clinical condition and can make appropriate Nutrient Recommendation			
Identifies micronutrient deficiencies			
Performs appropriate corrective actions to treat micronutrient deficiencies			
Identifies the need for, prescribes and implements enteral nutrition feeds or parenteral nutrition support on assessment/ reassessment.			
Monitors enteral nutrition feeds/ parenteral nutrition support, identifies, and implements changes, on reassessment.			
Monitor and record nutritional adequacy			
Adept at coordinating nutritional care management for transplant patients.			
Educates and counsels patients and families on nutritional issues			
Demonstrate interpersonal skills, professional autonomy, and accountability.			
Participates as a member of the IDTR and communicates nutritional care plans.			

INDEPENDENT PERFORMING COMPETENCIES (Within 9 to 12 months of training period)

Competency	Grades	Review Grade	Date
Adopts a structured clinical approach in recognition, assessment and nutritional intervention for a critically ill patient			
Co-ordinates as a teamleader and guides nutrition delivery and management			
Effectively monitors the patient for nutrition therapy compliance			
Identifies lag in nutrition therapy and establishes corrective actions			
Efficiently communicates plan of nutrition care with patient			
Efficiently communicates plan of nutrition care with patient family members			
Identifies patients for whom aggressive nutrition therapy is contraindicated			
Works showing a logical, reasoned approach to dietetic practice.			
Documents evidence-based report to justify a nutritional intervention.			
Presents case studies showing an evidenced based approach with reasoned conclusions.			
Shows through care plans that problem solving skills have been used to provide a justified approach to practice.			
Shows interest and participates in nutrition research.			

Acute & Chronic Diseases:-

1. Medical Nutrition Therapy in Gastric Duodenal Ulcers
2. Medical Nutrition Therapy in Flatulence, Constipation, Diarrhea
3. Medical Nutrition Therapy in Irritable Bowel Syndrome
4. Medical Nutrition Therapy in Inflammatory Bowel Disease
5. Medical Nutrition Therapy in Perioperative Nutrition and post-surgery
6. Medical Nutrition Therapy in Protein Losing Therapy
7. Medical Nutrition Therapy in Chronic Liver Disease (Compensated and Decompensated)
8. Medical Nutrition Therapy in Viral Hepatitis, Wilson's Disease
9. Medical Nutrition Therapy in Cholelithiasis
10. Medical Nutrition Therapy in Acute and Chronic Pancreatitis
11. Medical Nutrition Therapy in Type 1, Type 2 Diabetes
12. Medical Nutrition Therapy in Neurological Conditions (Parkinson's, Alzheimer's, Epilepsy, GBS, Dysphagia)
13. Medical Nutrition Therapy in Burns
14. Medical Nutrition Therapy in Sepsis
15. Medical Nutrition Therapy in PEM
16. Medical Nutrition Therapy in Acute Hypoxemic Respiratory Failure including ARDS, COPD
17. Nutritional Support in Neutropenia
18. Medical Nutrition Therapy in Sepsis & Septicaemia Shock
19. Medical Nutrition Therapy in Acute Haemorrhagic Fevers
20. Medical Nutrition Therapy in Acute Kidney Injury
21. Medical Nutrition Therapy in Chronic Kidney Disease (with and without Dialysis)
22. Medical Nutrition Therapy in Eclampsia and Pre-eclampsia
23. Medical Nutrition Therapy in Nephrolithiasis
24. Medical Nutrition Therapy in Anemia and other Micronutrient Deficiency Disorders
25. Medical Nutrition Therapy in Cancer, Chemo & Radiation Therapy
26. Medical Nutrition Therapy in Critically Ill (Normal & Obese Patients)
27. Medical Nutrition Therapy in Mechanically Ventilated patients
28. Medical Nutrition Therapy in ECMO
29. Medical Nutrition Therapy in Pre & Post Bariatric Procedures
30. Medical Nutrition Therapy in Cardiometabolic Disorders

*This list is not exclusive and may be expanded to include relevant conditions.