THE INDIAN SOCIETY FOR PARENTERAL & ENTERAL NUTRITION

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ISPEN 2026

21st Annual Conference of

Indian Society for Parenteral and Enteral Nutrition

Jaipur

THEME

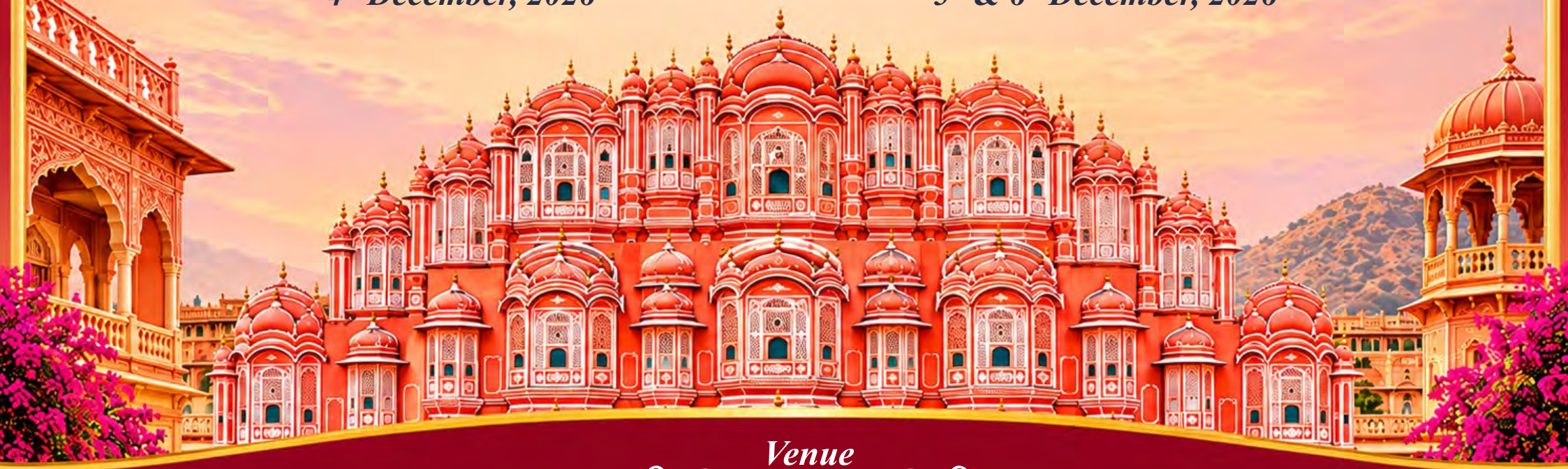
Feeding Health, Fueling Recovery

WORKSHOP

4th December, 2026

CONFERENCE

5th & 6th December, 2026



Venue

RAJASTHAN INTERNATIONAL CENTER, JAIPUR

ISPEN 2026

21st Annual Conference of
Indian Society for Parenteral and Enteral Nutrition

Workshop 4th Dec 2026 | Conference 5th & 6th Dec 2026

Meet the National Leadership Team

President



Dr. Radha Reddy Chada

President Elect



Dr. Shrikant Suhas Sahasrabudhe

Immediate Past President



Dr. Subhal Dixit

General Secretary



Dr. Esther Sathiaraj

Treasurer



Dr. Daphnee Lovesley

Executive Committee Members



Dr. Arindam Kar



Ms. Chitra Mahesh



Dr. Ganshyam Jagathkar



Dr. Himaaldev G J



Prof. Dr. Indrajeet Kumar Tiwary



Dr. Jayanthi Vedaiyan



Dr. Mohan Sankarji Maharaj Thota



Ms. Roma Gupta

ISPEN 2026

21st Annual Conference of
Indian Society for Parenteral and Enteral Nutrition

WORKSHOP 4TH DEC 2026 | CONFERENCE 5TH & 6TH DEC 2026

MEET THE ORGANISING TEAM

CHAIRMAN



Dr. Pankaj Anand

SECRETARY



Ms. Priti Vijay

TREASURER



Dr. Akhilesh Agrawal

EXECUTIVE COMMITTEE MEMBERS



Dr. Yogendra Gujar



Dr. Vineeta Bansal



Ms. Neha Agarwal



Dr. Manish Khabrani

Scan to **Register**

RAJASTHAN INTERNATIONAL CENTER, JAIPUR

Click here for **Registration**

https://shorturl.at/hp1hg

WORKSHOP AGENDA

SANTOKBA DURLABHJI MEMORIAL HOSPITAL, JAIPUR

4th December 2026, Friday

CRITICAL CARE AND RENAL NUTRITION NUTRITION: FROM ASSESSMENT TO DECISION-MAKING

Time: 8:15 AM - 8:45 AM

Registration & Welcome Note

Time: 8:45 AM - 9:00 AM

Welcome , Workshop Objectives & Introduction of Faculty - Ms. Chitra Mahesh

Time: 9:00 AM - 9:20 AM

Speaker : Dr. Pankaj Anand
Metabolic response to critical illness: Practical Insights related to Nutrition Interventions

Time: 9:20 AM - 9:40 AM

Speaker : Ms. Chitra Mahesh
Validated Nutrition Screening Tools for ICU

Time: 9:40 AM - 10:00 AM

Speaker : Dr. Vivek Mittal
Assessment Methods for Sarcopenia in Critically Ill Patients

10:00 AM - 10:20AM | Tea Break

Time: 10:20 AM - 11:20 AM

Nutrition Interventions & Decision-Making

10:20 AM - 10:40 AM | Speaker : Dr. Jayanthi Vedaiyan
Nutrition Prescription in Critical Illness: Macronutrients & Micronutrients

10:40 AM - 11:00 AM | Speaker : Dr. Akhilesh Agrawal
Nutrition Support Routes: Decision-Making Between Oral, Enteral & Parenteral Nutrition

11:00 AM - 11:20 AM | Speaker : Ms. Priti Vijay
Enteral and Parenteral Nutrition: Prescription, Calculations, Monitoring & Complications

Time: 11:30 AM - 01:30 PM

Renal Nutrition in Critical Care

11:30 AM -12:00 PM | Speaker : Ms. Archana Sinha
Nutrition Screening and Assessment of Renal Diseases and Renal Transplants : Malnutrition, sarcopenia, fraility

12:00 PM - 12:30 PM | Speaker : Dr. Rajiv Medanki
When Nutrition and Nephrology Prescrpitions Collide : 5 clinical dilemmas (Fluid restriction, hyperkalemia, protein targets, refeeding syndrome and drug-nutrition interactions)

12:30 PM - 1:00 PM | Speaker : Dr. Anshu Chaturvedi
The Dialysis-Nutrition Interface: Practical Nutrition Prescription during HD, SLED and CRRT

1:00 PM - 1:30 PM | Speaker : Dr. Rajiv Medanki
The Drug-Diet Interface in Kidney Disease: What Every Clinical Dietician should know (How modern kidney therapies change appetite, protein needs, hydration, electrolytes and nutritional prescriptions)

01:30 PM - 02:00 PM | Lunch Break

Time: 02:00 PM - 3:30 PM

Clinical Care Discussion

Expert Panel : Dr. Yogendra Gujar, Dr. Mukesh, Dr. Geetesh Mangal, Dr. Rajiv Medanki Ms. Archana Sinha, Dr. Anshu Chaturvedi, Ms. Chitra Mahesh, Dr. Jayanthi Vedaiyan
4 Case Scenarios and Decision Making

Time: 03:30 PM - 03:45 PM

Discussion & Closing

Speaker : Dr. Jayanthi Vedaiyan
Key Takeaways, Action Points and Closing Remarks

WORKSHOP AGENDA

MAHATMA GANDHI MEDICAL COLLEGE, JAIPUR

4th December 2026, Friday

ONCO-NUTRITION: INTEGRATED NUTRITION CARE ACROSS THE CANCER JOURNEY

Time: 8:30 AM - 9:30 AM

Registration & Welcome Note - Dr. Esther Sathiaraj

Time: 9:00 AM - 9:30 AM

Speaker : Dr. Vanessa Fuchs-Tarlovsky
Cancer Cachexia: Metabolic Alterations, Inflammation and Muscle Loss

Time: 9:30 AM - 10:00 AM

Speaker : Dr. Sunitha Premalatha
Beyond BMI - Nutrition and Functional Assessment in Cancer: Identifying Vulnerability, Sarcopenia and Functional Decline

Time: 10:00 AM - 10:30 AM

Speaker : Dr. Vanessa Fuchs-Tarlovsky
Reading CT Scans for Muscle Assessment in Cancer: From Images to Clinical Interpretation

Time: 10:30 AM - 11:00 AM

Speaker : Dr. Esther Sathiaraj
Optimising Nutritional Adequacy: Food-First Strategies, ONS Selection and Protein-Energy Prescription

11:00 AM - 11:15 AM | Tea Break

Time: 11:15 AM - 11:45 AM

Speaker : Dr. Sunitha Premalatha
Prehabilitation to Rehabilitation in Surgical Oncology: Nutrition, Exercise and Recovery

Time: 11:45 AM - 12:15 PM

Speaker : Dr. Vineeta Bansal
Nutrition Support Across Cancer Treatment: Chemotherapy, HSCT/BMT and Radiotherapy

Time: 12:45 PM - 01:15 PM

Interactive MDT Panel

Panelist : Dr. Nitin Khunteta, Dr. Priya Marwah, Dr. Priyanka Soni, Dr. Esther Sathiaraj
Moderator : Dr. Vibha Baid
Managing Nutrition-Related Complications in Oncology

01:15 PM - 02:00 PM | Lunch Break

Time: 02:00 PM - 03:30 PM

Clinical Case Discussion

Expert Panel : Dr. Esther Sathiaraj, Dr. Vanessa Fuchs-Tarlovsky, Dr. Sunitha Premalatha, Dr. Vineeta Bansal, Dr. Ravi Jain, Dr. Manish Khabrani
Case-Based Workshop: Complex Oncology Nutrition Scenarios and Clinical Decision-Making

Time: 03:30 PM - 03:45 PM

Discussion & Closing

Speaker : Dr. Vineeta Bansal
Key Takeaways, Action Points and Closing Remarks

ISPEN 2026

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5th & 6th December, 2026

SCIENTIFIC PROGRAM AGENDA

RAJASTHAN INTERNATIONAL CENTER, JAIPUR

5th December 2026, Saturday

Time: 08:00 AM - 08:30 AM | Registration

HALL A

Time: 09:00 AM - 10:00 AM

Neurocritical Care and Nutrition

09:00 - 09:20 AM | Speaker : Dr. Saurabh Bhargava
Nutrition Optimization in Trauma – From Critical Care Management to Functional Recovery

09:20 - 09:40 AM | Speaker : Dr. Sajitha Mallawaarachchi
Nutrition Optimization In Neurological Diseases – Beyond Weight Loss And Malnutrition

09:40 - 10:00 AM | Speaker : Dr. Ashish Bindra
Nutrition in Stroke and Traumatic Brain Injury: From the ICU to Functional Outcomes

Time: 10:00 AM - 10:15 AM

Inaugural Ceremony with Lamp Lighting

10:15 - 10:30 AM | Dr. Radha Reddy Chada - President ISPEN
Presidential Address: Journey of ISPEN 2025-2026

Time: 10:30 AM - 11:00 AM

***ISPEN Oration*: Critical Care Nutrition - Two Decades of Evolution**
Dr. Bhuvaneshwari Shankar

HALL B

Time: 08:30 AM - 10:00 AM

Oral Paper Presentation

Judges : Dr. Mohan Maharaj, Dr. Daphnee Lovesley, Ms.Chitra Mahesh, Prof. Dr. Indrajeet Tiwary

Move to HALL A for Inaugural Ceremony, Lamp Lighting, Presidential Address & ISPEN Oration

11:00 AM - 11:15 AM | Tea Break

SCIENTIFIC PROGRAM AGENDA

5th December 2026, Saturday

HALL A

Time: 11:15 AM - 12:45 PM

Critical Care Nutrition across the Continuum

11:15 AM - 11:35 AM | Speaker : Dr. Vanessa Fuchs-Tarlovsky
Malnutrition Coding for Initial Nutrition Assessment – Are We Missing the First Step?

11:35 AM - 11:55 AM | Speaker : Dr. Pradeep Rangappa
Role of Muscle in Nutrition Assessment: Muscle Assessment Techniques In ICU

11:55 AM - 12:15 PM | Speaker : Dr. Yatin Mehta
Role of Functional Assessments In ICU

Industry Session
12:15 PM - 12:45 PM
Targeted Nutrition in Critical Illness: Addressing High Protein High Calorie needs in Fluid Restriction

12:45 PM - 01:15 PM | Lunch Break

Time: 01:15 PM - 02:15 PM

Perioperative Nutrition Management in Major Gastro-Intestinal Surgery

01:15 PM - 01:35 PM | Dr. Daphnee Lovesley
Feeding after upper GI surgery – early oral feeding, EN or PN?

01:35 PM - 01:55 PM | Dr. Monish Karunakaran
The Whipple patient – how should we feed before and after surgery?

01:55 PM - 02:15 PM | Dr. Prabhu N Nesargikar
Ileostomy Nutrition – from Fluid & Electrolytes to long-term recovery?

HALL B

Time: 11:15 AM - 12:45 PM

Nutrition, Obesity & Glycemic Health – Across the Care Continuum

11:15 AM - 11:35 AM | Speaker : Dr. Manoj Singh
Glycemic Control in the ICU: Targets, Strategies and Nutrition Considerations

11:35 AM - 11:55 AM | Speaker : Dr. Edwina Raj
Nutrition Adequacy in the Obese Critically Ill Patient: How Much is Enough?

11:55 AM - 12:15 PM | Speaker : Ms. AN Malleshwari
The Muscle–Metabolism Connection: Unlocking the Role of Skeletal Muscle in Glycemic Health

Panel Discussion

12:15 PM - 12:45 PM | Moderator : Ms. AN Malleshwari
Panelist : Dr. Abhishek Prakash, Dr. Rajeev Kasliwal, Dr. Padmini BV, Ms. Pavithra N Raj
GLP-1 Therapy and Diet in Weight Reduction & Diabetes Management: What Do We Know So Far?

12:45 PM - 01:15 PM | Lunch Break

Debate Session

01:15 PM - 01:45 PM | Speaker Pro : Ms. Swetha A | Speaker Con : Ms. Ashwini C
Should high-protein diets be routinely recommended for metabolic disease?

Time: 01:45 PM - 02:45 PM

Advanced Therapeutics in ICU

01:45 PM - 02:05 PM | Dr. Shrikant Suhas Sahasrabudhe
Probiotics in the ICU: Evidence, Safety and Clinical Applications

02:05 PM - 02:25 PM | Dr. Ganshyam Jagathkar
GIDS in the Critically Ill: What Nutrition Professionals Need to Know

02:25 PM - 02:45 PM | Dr. Yogesh Lakkas
Journal Review: Fibre in Critical Care: From Gut Function to Clinical Outcomes

SCIENTIFIC PROGRAM AGENDA

5th December 2026, Saturday

HALL A

Time: 02:15 PM - 03:45 PM

Disease-Specific Critical Care Nutrition

02:15 PM - 02:35 PM | Dr. Rajiv Medanki
Nutrition in AKI: Protein, Dialysis & the Metabolic Challenge

02:35 PM - 02:55 PM | Prof. Dr. Indrajeet Tiwary
Nutrition in Acute Liver Failure: The Hypercatabolic Liver

02:55 PM - 03:15 PM | Dr. Arindam Kar
ECMO Nutrition Challenges: Overfeeding, Underfeeding & Liberation From Support

Industry Session
03:15 PM - 03:45 PM

03:45 PM - 04:00 PM | Tea Break

Time: 4:00 PM - 5:00 PM

Transition Nutrition

4:00 PM - 4:20PM | Dr. Jay Kothari
Role of nutrition adequacy in patients recovering from ICU

4:20 PM - 4:40PM | Dr. Sunitha Premalatha
Role of nutrition in transition from ICU to ward

4:40 PM - 5:00PM | Ms. Charu Dua
Role of transition nutrition from hospital to home

Panel Discussion

Industry Session
5:00 PM - 5:30PM | Moderator : Dr. Jay Kothari
Panelist : Dr. Sunitha Premalatha, Dr. Saurabh Taneja, Ms. Charu Dua, Dr. Edwina Raj, Dr. Pankaj Anand
Recovery Nutrition - From Barriers to Enablers

HALL B

Time: 02:45 PM - 03:45 PM

Enteral Nutrition & Parenteral Nutrition in ICU

02:45 PM - 03:05 PM | Dr. Aritra Khan
Diarrhea and Aspiration During Enteral Nutrition: How to Prevent, Correct and Manage

03:05 PM - 03:25 PM | Dr. Yogendra Gujar
De-escalation of Parenteral Nutrition: When and How to Transition

03:25 PM - 03:45 PM | Dr. Dedeepiya Devaprasad
Long-Term Monitoring of Enteral and Parenteral Nutrition: What Should We Track?

03:45 PM - 04:00 PM | Tea Break

Time: 4:00 PM - 5.30 PM

Rethinking Metabolic Nutrition - From Hospital to Community

4:00 PM - 4:20PM | Dr. Ambika Nair
Time-Restricted Eating in Critical Illness: Can Circadian Biology Guide Nutrition Delivery?

4:20 PM - 4:40PM | Dr. Varun Arora
Intermittent Fasting and Ketogenic Diets in Critical Illness: Metabolic Promise or Clinical Risk?

4:40 PM - 5:00PM | Ms. Prachi Chandra
Frailty in Critical Care: From Early Identification to Nutritional Rehabilitation

Panel Discussion

5:00 PM - 5:30PM | Moderator : Dr. Akhilesh Agrawal
Dr. Mohan Maharaj, Dr. Prabhu N Nesargikar, Ms. Priti Vijay, Ms. Richa Mittal
Immunonutrition: Modulating the Immune Response Through Targeted Nutritional Interventions

Time: 6:00 PM - 6:30 PM | Annual General Body Meeting

SCIENTIFIC PROGRAM AGENDA

6th December 2026, Sunday

HALL A

Time: 09:00 AM - 10:10 AM

Transition Nutrition

09:00 AM - 09:20 AM | Dr. Deepak Govil
Prehabilitation to rehabilitation in solid organ transplant

09:20 AM - 9:40 AM | Dr. A. J. Hemamalini
Nutrition optimization to prevent sarcopenia in liver transplant

Panel Discussion

09:40 AM - 10:10 AM | Moderator : Dr. Manju George
Panelist : Ms. Swetha A, Ms. Mami Behruk, Dr. Monish Karunakaran, Dr. Deepak Govil
Solid organ transplantation – the nutrition challenges across the journey

Time: 10:10 AM - 11:10 AM

Ethical Challenges in Artificial Nutrition

10:10 AM - 10:30 AM | Dr. Pankaj Anand
The Price of Not Feeding: The Hidden Cost of Malnutrition

10:30 AM - 10:55 AM | Dr. Himaaldev G. J.
The Cost of Missing Nutrition: From Bedside Errors to Courtroom Battles

10:55 AM - 11:10 AM | Dr. Harsh Sapra
ICU Feeding Wars: Tradition, Technology or a Hybrid Future?

11:10 AM - 11:30 AM | Tea Break

HALL B

Time: 08:00 AM - 9:30 AM

E-Poster Presentations

Judges : Ms. Priti Vijay, Dr. Vineeta Bansal, Dr. Akhilesh Agrawal, Dr. Jayanthi Vedaiyan, Dr. Shrikant Suhas Sahasrabudhe

Time: 09:30 AM - 10:30 AM

Dysphagia Management In ICU

09:30 AM - 09:50 AM | Dr. Harish M. M.
Dysphagia After Critical Illness: When and How Should We Reintroduce Oral Feeding?

09:50 AM - 10:10 AM | Dr. Prasanna Hegde
Assessing Dysphagia in the ICU: From Screening to Instrumental Assessment

10:10 AM - 10:30 AM | Dr. Smita Singh
Nutrition in ICU-Acquired Dysphagia: Meeting Energy and Protein Needs Safely

Time: 10:30 AM - 11:30 AM

Micronutrients In Critically Ill

10:30 AM - 10:50 AM | Dr. Saswati Sinha
Micronutrients in Critically Ill Adults: What, When and How Much?

10:50 AM - 11:10 AM | Dr. Tamal Laha
Micronutrients in Critically Ill Children: How Different is the Approach?

11:10 AM - 11:30AM | Ms. Chitra Mahesh
Micronutrients Beyond the ICU: What Does the Ward Patient Need?

SCIENTIFIC PROGRAM AGENDA

6th December 2026, Sunday

HALL A

Time: 11:30 AM - 12:30 PM

Public Health Nutrition - MASLD & Public Health Problem

11:30 AM - 11:50 AM | Dr. Sai Ram Challa
MASLD: Public health measures to reduce the burden of MASLD

11:50 AM - 12:10 PM | Dr. Medhavi Gautam
Intermittent fasting and MASLD

12:10 PM - 12:30 PM | Dr. Vineeta Bansal
Role of apps in tracking food intake and physical activity in MASLD

HALL B

Time: 11:30 AM - 12:30 PM

Hospital Nutrition

11:30 AM - 11:50 AM | Dr. Neha Agarwal
Artificial Intelligence in Clinical Nutrition: From Nutritional Screening to Precision Care

11:50 AM - 12:10 PM | Dr. Meenakshi Bajaj
Implementing Effective Nutrition Care Pathways in Hospitals: From Screening to Measurable Outcomes

12:10 PM - 12:30 PM | Dr. Jayanthi Vedaiyan
Sustainable Hospital Nutrition: Balancing Patient Outcomes, Food Systems and Cost

Move to HALL A for Closing Ceremony, Awards & Valedictory, Followed by Lunch

Time : 12:30 PM - 1:00 PM Closing Ceremony, Awards & Valedictory, Followed by Lunch

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